



American Heart Association.

Heart and Stroke Walk.

Oregon & SW Washington  
**Heart and Stroke**  
**WALK**

**Vancouver**

Saturday, May 20  
Esther Short Park

**Portland**

Saturday, June 3  
Tom McCall Waterfront Park

3 Mile Route | 1 Mile Survivor Route

7:30 AM FESTIVAL OPENS  
8:30 AM WELCOME REMARKS  
9:00 AM WALK BEGINS

[pdxheartwalk.org](http://pdxheartwalk.org)